

**9. KONGRES ZBORA TENISKIH TRENERA HRVATSKE,  
ZAGREB 1.-2. travanj 2017. GODINE**

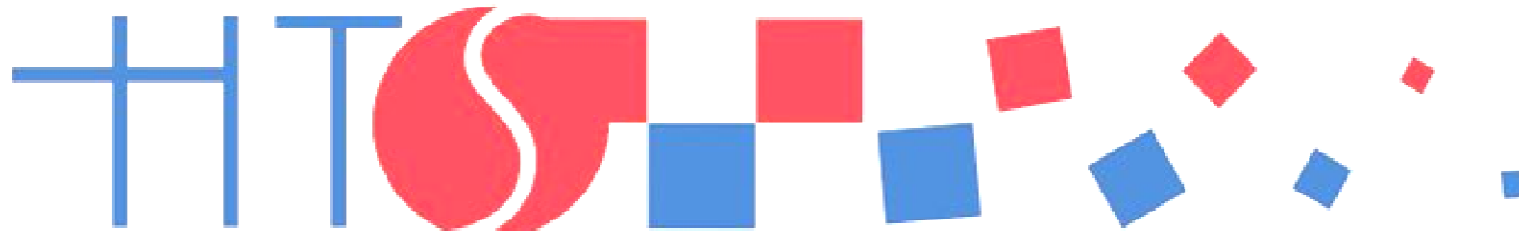
**IZVJEŠTAJ**

**TENNIS EUROPE COACHES CONFERENCE,  
ANTWERP, BELGIA 19.-23.10.2016.**

**Darija Dešković Mišković**

**Robert Brkljač**





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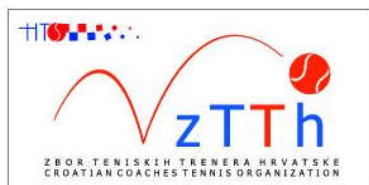


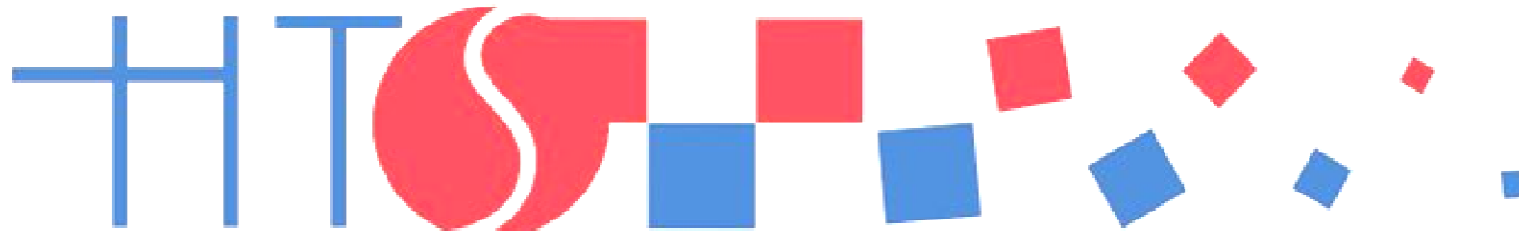
2016

# Tennis Europe Coaches Conference

powered by **POLAR**®

Transitioning successful juniors  
into professional tennis players





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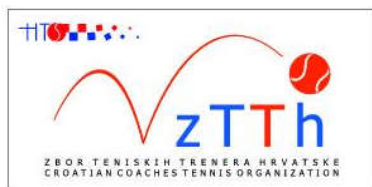
**30.03.2017. ITF je najavio restrukturiranje profesionalnog tenisa na ulaznom nivou.**

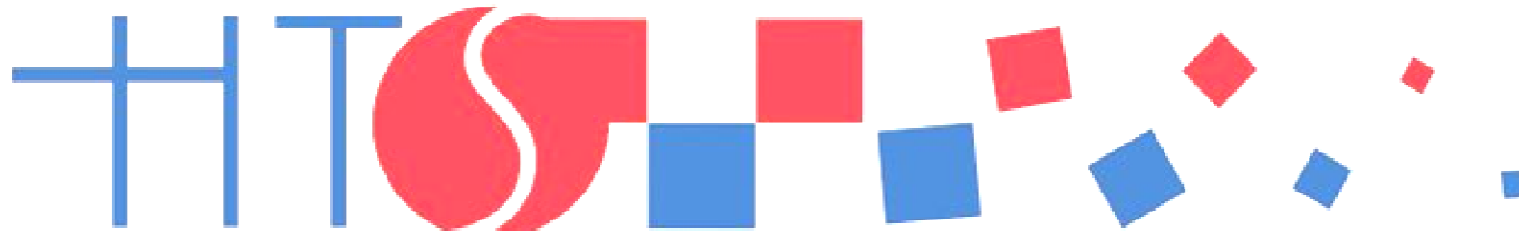
**To je rezultat analize u koju je bilo uključeno 50,000 ispitanika od 2001-2013 godine.**

**Trenutno 14,000 natjecatelja se natječe na profesionalnom nivou, a gotovo pola ih ne zarađuje ništa od nagradnih fondova turnira.**

**“Utvrđeno je da sve duže traje dok igrač dostigne vrhunski nivo izvedbe**

**Mnogi talentirani juniori prolaze znatne teškoće u prijelazu iz juniorskog u profesionalni tenis”**





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## **I ) Development Pathway / Planning**

**Jocelyn Robichaud (CAN)** - *The holistic support for elite junior players*

**Bernard Pestre (FRA)** - *Coaching competencies for working with 'transition players'*

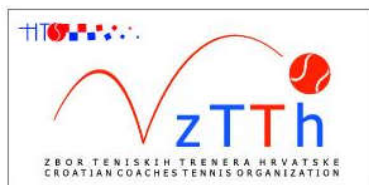
**Peter Born (GER)** - *Juniors game –getting ready for transition*

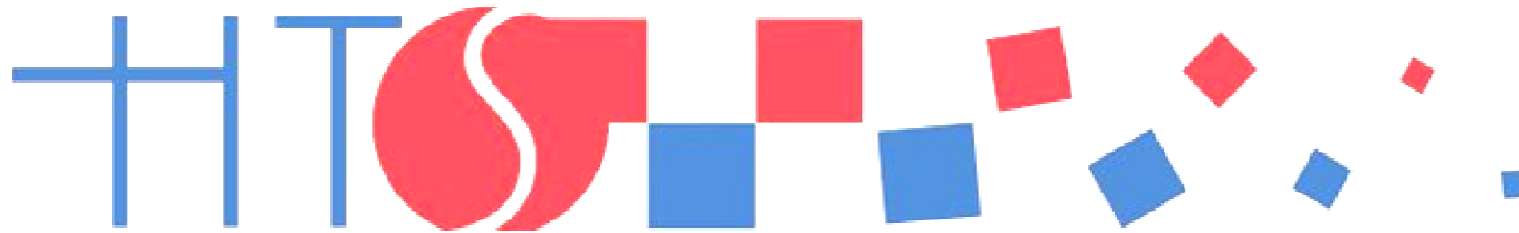
**Iain Bates (GBR)** - *Holistic player profiling*

**Dermot Sweeney (ITF)** - *Transition from Futures' to Challengers' (choosing right tournaments)*

**Peter Frey (SUI)** - *Holistic approach to player development*

**Eric Winogradsky (FRA)** - *Developing juniors' game; Common mistakes and how to improve on them*





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## **II - Tactical & Technical training**

**David Wilson (IRL)** - *From successful to elite – A comparison of effective strategies*

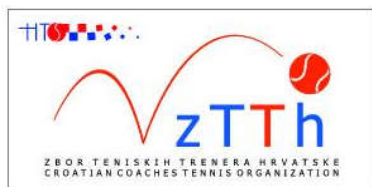
**Øivind Sørvald (NOR)** - *Using science in the coaching of young players*

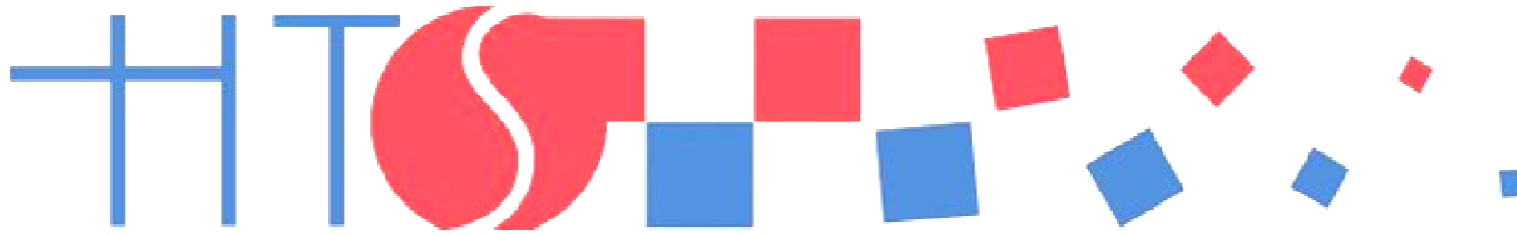
**Dermot Sweeney (ITF)** - *Important considerations for success at Futures' and Challengers'*

**Machar Reid (AUS)** - *Rewriting the future... to intervene or not to intervene?*

**Louis Cayer (GBR)** - *Footwork – holistic approach*

**Rodney Rapson (AUS)** - *Application of Playsight system in developing elite players*





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### **III - Mental Training / Conditioning / Education**

**Frank Van Fraayenhoven (NED)** - *Scouting – (unfulfilled) and missed promising players*

**Magdalena Maleeva (BUL)** - *Growing a player*

**Paul Wylleman (BEL)** - *Mental adaptation from junior to pro player*

**Antonio Daino and D. Campagnoli (ITA)** - *Psychological support during transition to pro player*

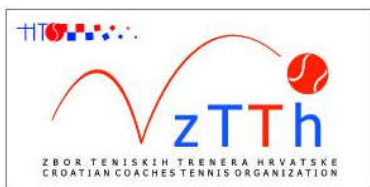
**Panel discussion with former Pro players** - *Moderated by Dan Thorp (GBR)*

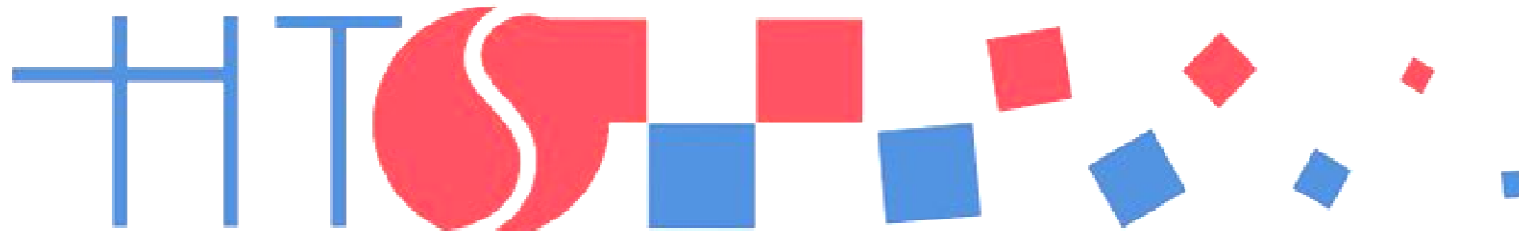
**Christoph Biaggi (SUI)** - *Physical conditioning in relations to players' game style*

**Dr Roger van Riet (BEL)** - *Elbow injuries in tennis*

**Alex Cuellar (ESP)** - *Conditioning on the tour*

**Machar Reid (AUS)** - *10 ways to make your practice better... tomorrow*





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**KOLIKO VREMENA TREBA ZA PRIJELAZ IZ JUNIORSKOG U SENIORSKI TENIS?**

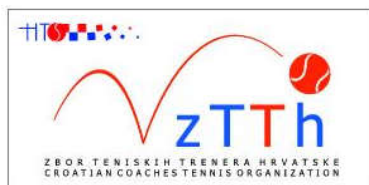
**BELGIJA – Ivo Van Aken**

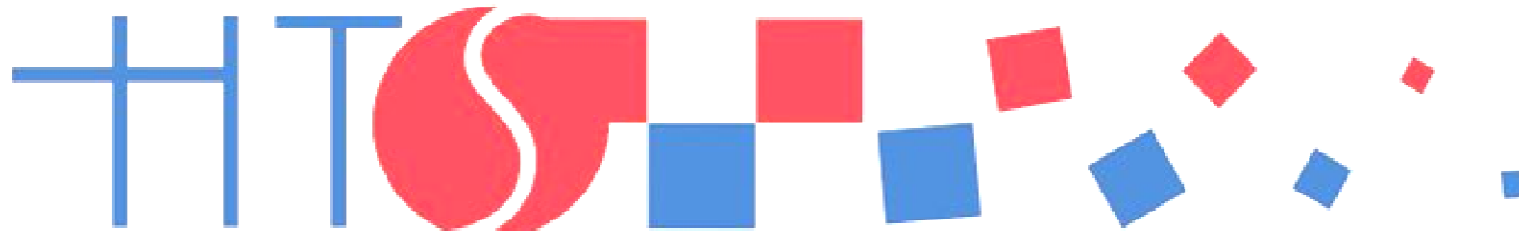
**W 18 - 23 godine**

**M 18 - 25 godine**

**Samo je nekim talentima potrebno manje vremena**

**Do 18. godine se trenira uz obrazovanje, nakon 18+ potpuni fokus na tenis**





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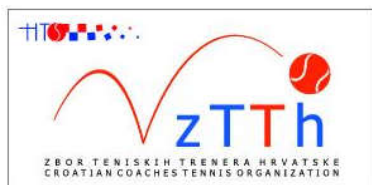
**FRANCUSKA – Bernard Pestre**

**W 16 - 20 godina**

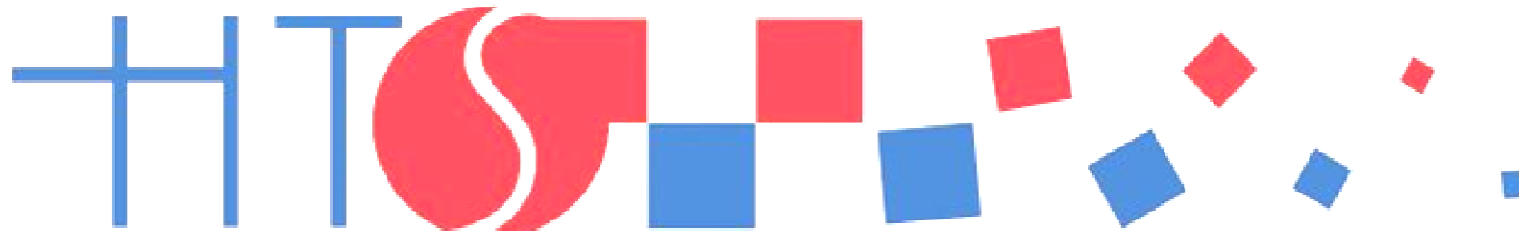
**M 17 - 20 godina**

Počelnici na PRO TOURU

ITF 18 je prema PRO Touru samo “lagodan život”







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## **KOLIKO VREMENA TREBA ZA PRIJELAZ IZ JUNIORSKOG U SENIORSKI TENIS?**

**NJEMAČKA – Peter Born**

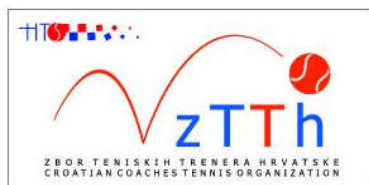
**W 16 – 20 godina**

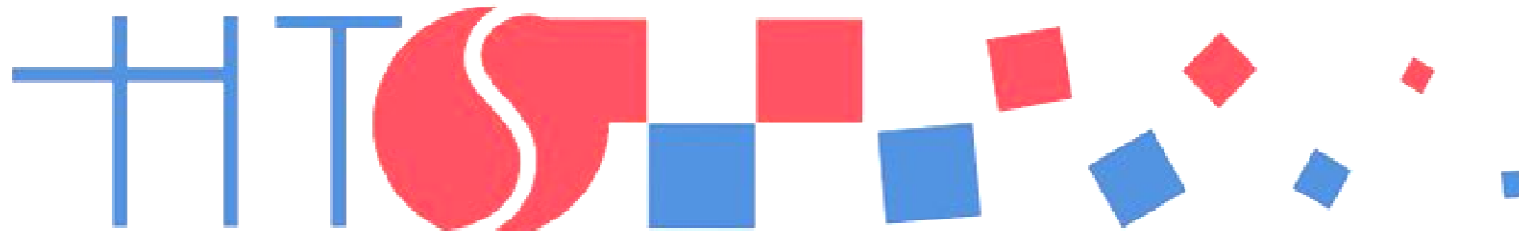
**M 17 – 21 godina**

**Juniorsko razdoblje je priprema za prijelazni period**

**Primjer A.Zverev kao obiteljski projekt**

**Primjer A.Kerber kao splet sretnih okolnosti za uspjeh**





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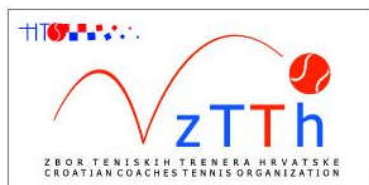
**ENGLESKA – Iain Bates**

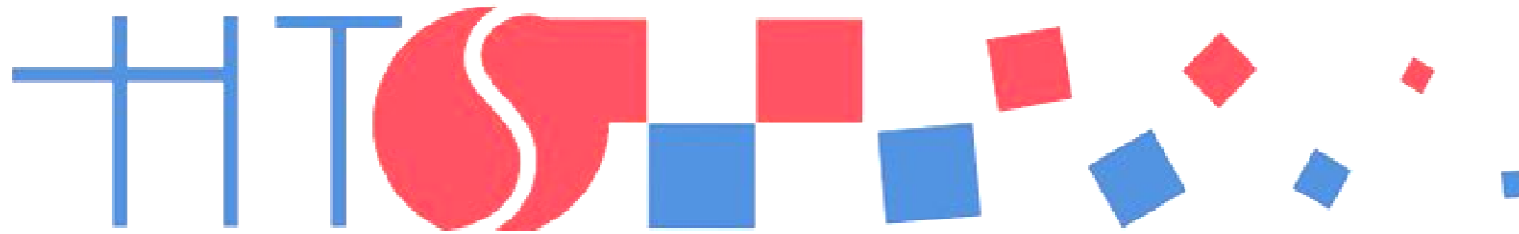
**W 18 – 24**

**M 20 – 26**

**Potrebno je razumjeti individualnost igrača**

**Daje se važnost na Dugoročnom planiranju i razvoju igrača(LTAD)**



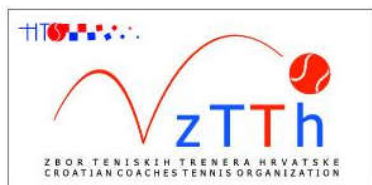


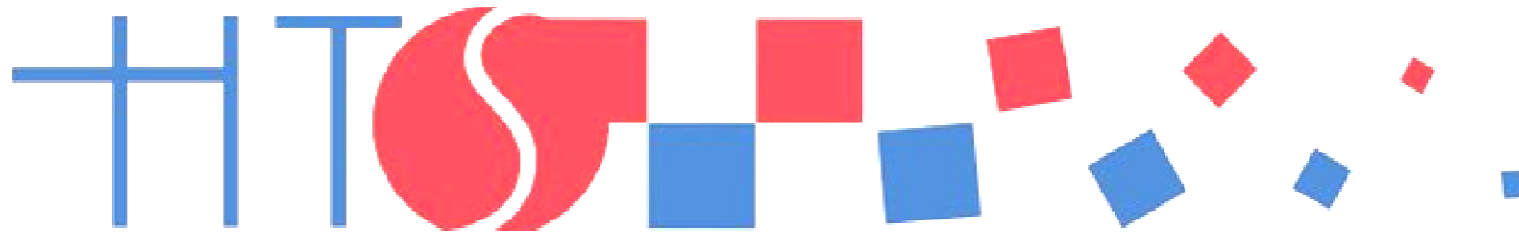
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**KOLIKO VREMENA TREBA ZA PRIJELAZ IZ JUNIORSKOG U SENIORSKI TENIS?**

**ITF – Dermot Sweeney**

**19 – 23 godine**





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## **NAJVAŽNIJE ODREDNICE PRIJELAZNOG RAZDOBLJA IGRAČA:**

**PRIJELAZ JE TEŽAK 😊**

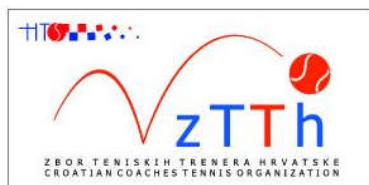
**SVATKO IMA INDIVIDUALAN PUT**

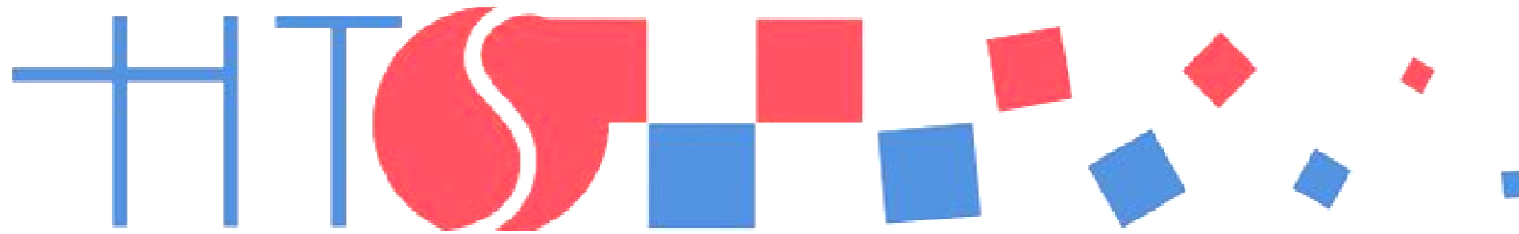
**PRIORITET KOD SVIH JE DUGOTRAJNI RAZVOJNI PLAN**

**PERIODIZACIJA JE JAKO VAŽNA**

**TRENING I NATJECANJA SU U ODNOSU 50% / 50% UZ 60-70 MEČEVA GODIŠNJE**

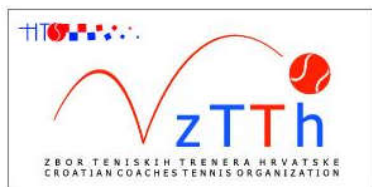
**SVI NAGLAŠAVAJU "TEAM WORK"**

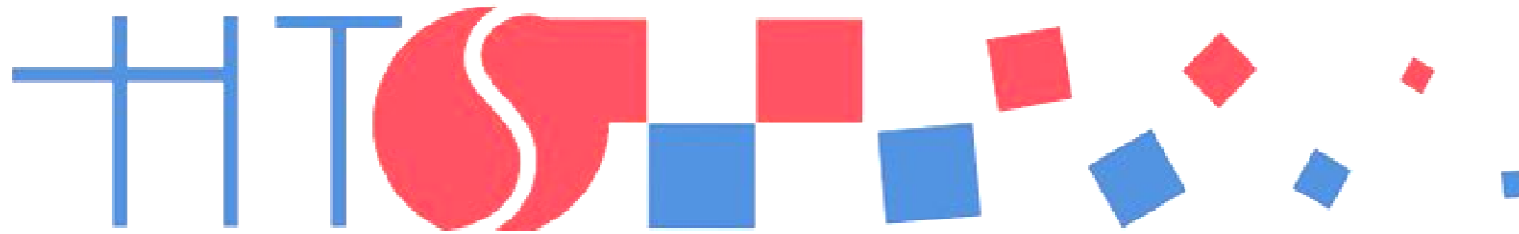




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**TEAM WORK**





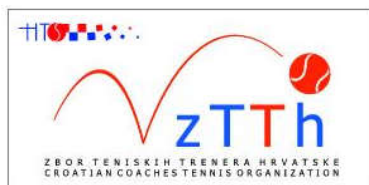
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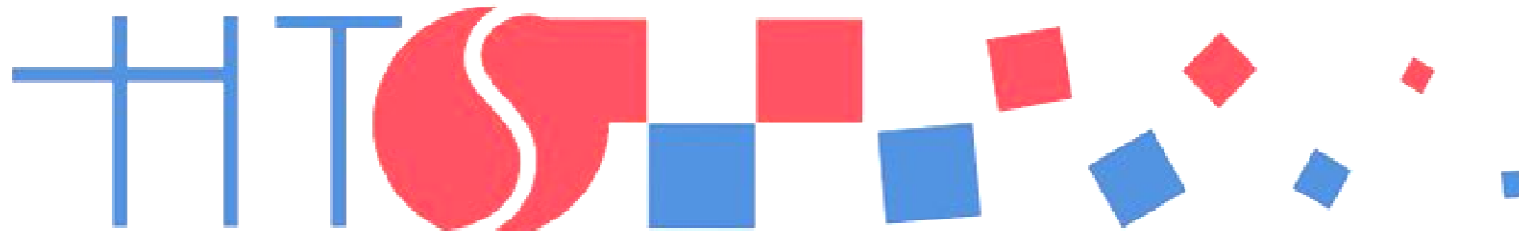
**Christian Ruud: «get a team with best combination of skills»**

**Team Casper**

WANG Toppidrett

IMG





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**Koliko bi mečeva/turnira trebala djeca igrati godišnje ?**

**Francuska**

**11/12 godina - 15 turnira**

**13/14 godina – 18 turnira**

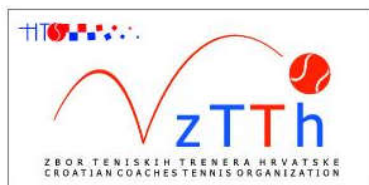
**Njemačka**

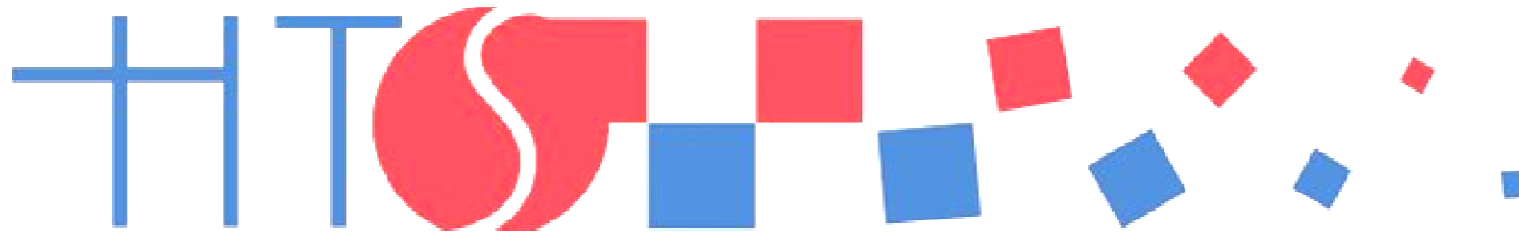
**60 - 70 mečeva godišnje u prijelaznom periodu**

**Različitosti u razvoju kod A. Kerber i A. Zvereva**

**Kanada**

**40 mečeva godišnje**

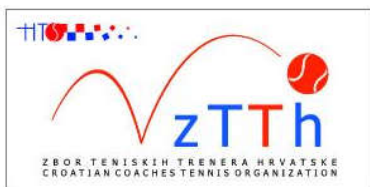




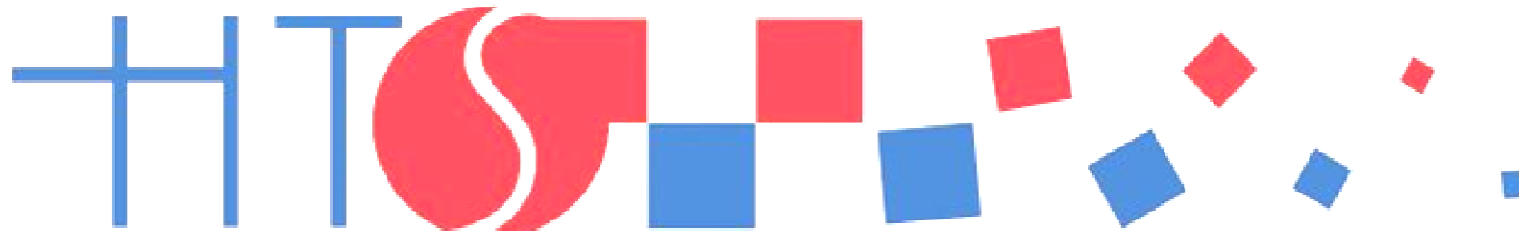
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**Zaključak :**“This has been the best attended coaches’ conferences in the long history of the event, which serves to highlight how important the overall topic of transitioning players is across our wide spectrum of member nations. On behalf of Tennis Europe, I’d like to thank all the speakers for their contributions; we had a very full programme but it was one that kept the delegates enthralled until the very end.”

**Hrvoje Zmajić , ITF/Tennis Europe Development Office.**







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**Hvala na pažnji !**

